

Kiwi Organics Cookbook

chilli cheese polenta

ingredients

- 200g approx diced green chilies or peppers, drained
- 1 cup whole kernel corn, drained
- 4 cups milk
- 1 cup Kiwi Organics polenta or Kiwi Organics cornmeal
- ½ cup shredded cheese
- 3 tablespoons butter
- Sea salt and pepper

In a pot bring chilies, corn and milk to a boil. Slowly add the polenta, whisking constantly until smooth for about 5mins.

Mix in cheese and butter.

Add salt and pepper to taste and serve.

Serves 4

