

Kiwi Organics Cookbook

buckwheat pancakes

ingredients

- ½ cup Kiwi Organics Buckwheat Flour
- ½ cup Kiwi Organics Cornflour
- 1 tsp baking powder
- 1 egg
- 1 tbsp oil
- 1 cup milk

Combine dry ingredients.

Combine add, oil and milk in another container.

Make a well in the centre and add egg, oil and milk.

Stir till smooth.

Cook over a medium heat like normal pancakes.

Top with bananas/syrup/yoghurt or berries.

Serves 4

